

# University of Stellenbosch Gymnasium - Maties Gymnasium, Stellenbosch

## Overview

University of Stellenbosch Gymnasium, referred to as **Maties Gymnasium, Stellenbosch** exists to optimise the sporting performance and health of all South Africans through the execution, dissemination, and application of science. **Maties Gymnasium, Stellenbosch** aims to help members to reach their health and fitness goals.

As a benefit of the Vitality program, members can join the **Maties Gymnasium, Stellenbosch** at a reduced rate. Members will have access to the gym for 12-months (if they do not already have existing memberships). For more information about the **Maties Gymnasium, Stellenbosch** please visit [www.matiesgym.co.za](http://www.matiesgym.co.za) and click on the 'Stellenbosch' link.

Once members have activated this gym benefit, they need to meet the minimum 36 times visit in a 12-month fixed term contract to renew their contract including the Vitality discount for the following year.

## Parameters

- **Maties Gymnasium, Stellenbosch** members need to go to the gym at least 36 times in their 12-month fixed term gym contract to qualify for the Vitality discount.
  - At the end of the fixed term contract period, if a member has gone to the gym for the required 36 times, they will be eligible for another 12 month contract at the Vitality discounted rate.
  - If they have not gone to the gym for the required 36 times, they will still 'have' the **Maties Gymnasium, Stellenbosch** benefit and visits will still be recorded on their profile, but they will not receive the Vitality discount for the next 12 months.
- In order to buy another package for another 12-month cycle when the first cycle ends, a member must ensure that he/she meets the minimum 36 visits to keep the benefit.

- Vitality members (principal members and spouses) may activate the **Maties Gymnasium, Stellenbosch** benefit through Vitality.
- **Maties Gymnasium, Stellenbosch** members need to activate the benefit for themselves i.e. the benefit is on an entity level.
- Members may not have an existing fitness contract (i.e. an existing membership at Planet Fitness, Run/Walk for Life or Virgin Active) that was activated through Vitality if they want to join the **Maties Gymnasium, Stellenbosch**. However, they may have an existing contract with Curves.
- If a **Maties Gymnasium, Stellenbosch** member already has an existing fitness contract (at one of the partners mentioned above) through Vitality, they must cancel the contract before applying for membership at the **Maties Gymnasium, Stellenbosch** which includes the Vitality discount.
- **Maties Gymnasium, Stellenbosch** members who have both the **Maties Gymnasium, Stellenbosch** and the Curves benefit will only get one set of points per day.
- Members who work out at the **Maties Gymnasium, Stellenbosch** are able to join at a reduced rate.
  - Maties Gymnasium, Stellenbosch will contact Discovery Vitality to validate the member, to confirm if the member is active on Vitality and then request the member's entity number.

## Points

### Earning points

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- **Maties Gymnasium, Stellenbosch** members will not earn points if they have a contract in their own capacity
- The principal member and spouse will each earn 100 points every time they enter the gym for a workout. A maximum of 100 points can be earned per day
- The principal member and spouse can each earn a maximum of 30 000 Vitality fitness points a year. The annual limit of 30 000 points for adults and 20 000 points per child will be applied

- One fitness event per day rule applies i.e. if a member completes 2 qualifying events on the same day, the points that higher between the 2 events will receive the points.
- The higher of the 2 events points will contribute towards Vitality Active Rewards goals

### Member points query

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- Confirm with the member that they used the biometric scanner when entering the gym.

Refer the member to the Maties Gymnasium, Stellenbosch to query points for their workouts.

The inquiry will be returned to the consultant to provide the member with feedback. The TAT (turn-around time) for this inquiry is two working days.

### Rates

Rates depicted below are monthly rates based on a fixed 12 month contract.

Benefit	Gym rates (Vitality members contribution)	Gym rates (Non-Vitality members contribution)
Once off joining fee	R330	N/A
Public	R218	R290
Students	R185	R247
Maties Sport	R174	R232
US Staff	R164	R218
Pensioners	R152	R203

The **Maties Gymnasium, Stellenbosch** will confirm the cost of the joining (including the Vitality discount) to the member. The discount applies to the member's monthly fee.

## How to join

### Activation process

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Members can join **Maties Gymnasium, Stellenbosch** by following the steps below:

1. Vitality members visit [www.matiesgym.co.za](http://www.matiesgym.co.za), click on the "Stellenbosch" link and then click on "Join us"
2. Vitality member completes all his/ her personal details online
3. When confirming that the member is a Vitality member, the member will be prompted to make an appointment with a Sales Consultant at Maties Gymnasium to complete the membership application process. All Sales Consultant relevant contact details are provided at this point
4. Member sets an appointment with the Sales Consultant and physically has to come to the gym to complete the activation process
5. The consultant will call Vitality Data Operations and give the member's details (011 5296614)
6. Vitality Data Operations will confirm whether or not the member qualifies for relevant discounts and supplies **Maties Gymnasium, Stellenbosch** with the member's entity number to put on necessary files that **Maties Gymnasium, Stellenbosch** send through to Discovery.
7. The consultant will deduct the applicable discount from the cost of the selected package/program.

### Vitality servicing

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The below checks must be done should a member call in to query if he/she qualifies for this benefit:

- Does the member have an active Vitality policy?
- Does the member have another gym benefit (Virgin Active, Planet Fitness etc.)?
- Is the member activating a new benefit or renewing an existing contract?
- IF renewal: Has the member met the minimum amount of visits in the previous 12-month cycle

### Membership options

The Vitality discount is based on the member signing a 12-month fixed term contract at the applicable monthly rates as indicated below in the rates table.

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### **Maties Gymnasium, Stellenbosch**

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**Maties Gymnasium, Stellenbosch** website indicates that there are two gyms, but the Vitality discounted rate is only available at the Stellenbosch branch situated at the following address:

<b>Address</b>	Maties Gymnasium Coetzenburg Sports Campus Suidwal street Stellenbosch 7602
<b>Phone</b>	+27 21 808 9107
<b>Website</b>	<a href="http://www.matiesgym.co.za">www.matiesgym.co.za</a>
<b>Email</b>	<a href="mailto:gymsales@sun.ac.za">gymsales@sun.ac.za</a>